FEATURE ARTICLE - Kenilworth

Many know that the “Kenilworth” of the Creston-Kenilworth Neighborhood Association (CKNA) name comes from the 1821 novel by Sir Walter Scott, “Kenilworth”. But, where is Kenilworth and what is its history?

Kenilworth is the name of an historic castle located in Warwickshire, England. Warwickshire is located on Finham Brook, a tributary of the River Sowe which joins the River Avon about 2 miles north of the town.

A settlement existed at the site of Kenilworth Castle in 1086, named Chinewrde, meaning “farm of a woman named Cynehild.

http://chinewrde.blogspot.com/p/about.html (Read about the Chinewrde Carnival)

It was Geoffrey de Clinton who initiated the construction of an Augustinian priory in 1122 which coincided with the development of Kenilworth Castle. (Read about Geoffrey de Climpton genealogy)

In 1266 Simon De Montfort held Kenilworth Castle against the king through a six-month siege, the longest in medieval history. Finally, the siege was broken by Prince Edward and Montfort was pursued and killed.

And, during the early 13th Century, King John added a wall to hold back a lake and converted the castle into a major fortification.

In the 14th century John of Gaunt, son of King Edward III, developed the castle into a palace, building a great hall and lavish apartments. And, in 1563 Queen Elizabeth granted the castle to Robert Dudley, Earl of Leicester, who transformed Kenilworth into a magnificent palace. Famously, he entertained the queen at the castle for 19 days of festivities in 1575.

The castle’s fortifications were dismantled in 1650 after the English Civil War and later (1821)

Sir Walter Scott, Author of “Kenilworth”
The ruins became more famous thanks to Sir Walter Scott’s novel, “Kenilworth” which romanticises the story of Robert Dudley, his wife Amy Robsart, and Queen Elizabeth I. (Read about “Kenilworth” here: https://www.britannica.com/topic/Kenilworth-novel-by-Scott)

Kenilworth Castle, Warwickshire, England

Over the years Kenilworth Castle fell into disrepair until in 1937 the building and grounds were purchased by Armstrong Siddeley and placed the building into the care of the Ministry of Works and made a substantial sum of money available to fund repairs. Read about Armstrong Siddeley at: http://blog.english-heritage.org.uk/meet-man-saved-kenilworth-castle/

On November 25, 2019 CKNA hosted a visit from State of Oregon State Representative Rob Nosse. Attendees heard about upcoming state activities and legislation and were able to meet the representative.

The 2020 Election Series continues in 2020:

Meet Mayor Ted Wheeler - Mayoral Candidate:
Date: January 27, 2020
Time: 7:00 PM
Place: Community Music Center

Meet Kirsten Naito - Multnomah County District Attorney Candidate and Mingus Mapps, City Council, Seat 4 Candidate:
Date: February 24, 2020
Time: 7:00 PM
Place:

Meet Paige Kreisman, State of Oregon House of Representatives, District 42, Candidate:
Date: March 23, 2020
Time: 7:00 PM
Place:

Creston-Kenilworth Clean Up

Join your neighbors and SOLVE to help clean up our neighborhood!

Date: Saturday, January 18, 2020
Time: 10:00 AM to Noon
Place: Creston Park
(Meet at 43rd Avenue and Rhone Street At the small parking lot)

Wear closed, tied shoes and dress for the weather. Work gloves and other equipment will be supplied.

Experience - Mochitsuki
Sunday, January 26, 2020 @ 930 SW Hall Street, Suite 281
STATE of OREGON
Oregon Department of Transportation:

CKNA and adjacent neighborhood associations are interested in pursuing improvements and investment along Powell Boulevard (State Route 26) that create a safe, dynamic environment for pedestrians, bikers, and vehicular traffic. Powell Boulevard is owned and managed by the State of Oregon, Department of Transportation (ODOT):

Oregon Department of Transportation (ODOT)
Address: 355 Capitol Street NE
Salem, OR 97301-3871
Phone: (503) 986-3200
1 (888) ASK-ODOT
Web: www.oregon.gov/ODOT/Pages/index.aspx
Director: Matthew L. Garrett

The Department of Transportation's (ODOT) mission is to provide a safe and reliable multimodal transportation system that connects people and helps Oregon's communities and economy thrive. ODOT is actively involved in the development of Oregon's system of highways and bridges, public transit services, rail passenger and freight systems and bicycle and pedestrian paths. ODOT manages driver licensing and vehicle registration programs, motor carrier operations and transportation safety programs.

News from the Oregon Department of Transportation (ODOT): On December 17, 2019, ODOT announced the agency establishing four assistance directors:

1. Cooper Brown, Assistant Director of Operations
2. Travis Brouwer, Assistant Director for Operations
3. Lindsay Baker, Assistant Director for External and Government Relations,
4. (Recruitment to occur in January), Assistant Director of Social Equity

Director Strickler said, “This structure will allow for greater organizational health within the agency as it provides more nimbleness and adaptability to meet the challenges of the future.”

CITY OF PORTLAND
Portland Bureau of Transportation (PBOT):

On December 4, 2019, the Portland City Council voted 4 - 0 to adopt, with amendments, the Bureau of Planning and Sustainability (BPS) recommended updates to the bicycle parking chapter in the Portland Zoning Code.

As a growing urban area, the nature of bicycle parking provided in new developments will have a significant effect on how convenient it is for people to use bicycles for daily transportation needs. New development will help shape bicycle use for decades to come and support climate policies and encourage options to driving alone.

Major topics addressed by the update include:

- Enhance security standards to help prevent bike theft
Increase options for space saving racks

CKNA Newsletter January 2020, Continued:

- Usability for a variety of types of bicycles and people of all abilities
- Update the minimum required amounts of short term and long term bicycle parking
- Require that a percentage of long term bicycle parking in residential buildings is located in bike rooms rather than in residential units
- Develop design standards for the in-unit bicycle parking that addresses the usability issues with current in-unit bicycle parking
- Develop/maintain flexibility in where bicycle parking can be located on a project

The final Adopted Draft of the Bicycle Parking Code Update will be available on the project website in January. The code changes will go into effect March 1, 2020.


More News from PBOT:
Check out the newly installed Left Turn Calming installation at SE Holgate Street and Cesar Chavez Street (39th Avenue), in front of the Walgreens Store. Here is some information from PBOT regarding the installation:

https://www.portlandoregon.gov/transportation/article/732232

City of Portland Water Bureau: Portland has two water sources, the Bull Run Watershed and Columbia South Shore Well Field. The bureau protects these resources and delivers drinking water to our taps. The bureau tests for more than 200 regulated and unregulated contaminants in the water and collects samples across the entire system, at both resources. Water quality testing allows the bureau to monitor the effectiveness of disinfection and treatment to meet regulations to protect public health.

The Portland Water Bureau is required to meet both federal and state water quality regulations. The US Environmental Protection Agency (EPA) is responsible for establishing federal standards through the Safe Drinking Water Act (SDWA). The Oregon Health Authority (OHA) is responsible for setting the state standards through the Oregon Drinking Water Quality Act. The bureau is required to comply with these regulations and must routinely report water quality test results to the EPA, OHA, and the public.

UTILITIES

Portland General Electric (PGE): From now through the end of February, there will be times when there are peak periods of energy use. PGE calls these Peak Time Events, time when energy use is high and the availability of renewable resources decrease. Now, PGE has a program that by shifting to reduce your energy use during peak times you will be able to earn rebates, support renewables, and help keep prices more affordable for our community. How to participate:

1. PGE will notify you of a Peak Time Event (PTE) before it occurs through a text or email
2. During a PTE, you can reduce your energy use with simple changes like waiting to wash dishes and laundry
3. If you reduce your energy during the PTE, you can get rewarded with a rebate on your next electric bill (PGE customers saved an average of $2 to $3 per PTE)
CKNA Newsletter January 2020, Continued:

Learn more about PGE’s Rebate Program here: https://www.portlandgeneral.com/residential/energy-savings/peak-time-rebates

TriMet: The next generation of TriMet buses has begun. Between now and next summer (2020) there will be 71 new buses on the streets. TriMet is expanding their fleet to keep pace with the largest bus service expansion in history.

TriMet has added more than a thousand hours of bus service since fall of 2018 and this number will be increasing. More information: https://news.trimet.org/2019/09/video-Trimets-bus-fleet-gets-bigger-and-better-with-the-addition-of-71-new-buses/

Portland Trivia;

Matt Groening, creator of The Simpsons named many of his characters using street names from Northwest Portland. “Simpsons” names taken from the Portland Alphabet District include: Flanders (Ned, Homer’s neighbor; Lovejoy (the Reverend Timothy Lovejoy) and Quimby (Mayor Quimby aka Diamond Joe).

Creston-Kenilworth Walkabout Event:
On Saturday, December 14, 2019, the Creston-Kenilworth Neighborhood Association (CKNA) conducted the first neighborhood walkabout event. The weather was cool, it sprinkled a little but in spite of the on and off drizzle, a good time was had by all.

The walk began at the Taco House redevelopment site with comments by the owner. The group moved to the Buddhist Temple and then moved on to 3000 SE Powell to hear a description of plans to develop the site. Starbucks conducted a coffee taste test and then the walk moved on to Jolene’s bakery and the owner of C-Bar, hearing about Oregon Walks on the way. The walk proceeded to Zamores and listened to the owner talk about his family’s coffee plantation Guatemala. The final stop included a celebration at Gladstone Street Pizza, where the neighborhood learned about the restaurant’s 15 years of service in the Creston-Kenilworth neighborhood.

Many Roads Martial Arts Center

Presents: FREE OPEN HOUSE JANUARY 11 &12 9:00 AM - 1:00 PM
Where: 3814 SE Powell Boulevard (97202) ManyRoadsPDX.com

Visit this new business in the neighborhood.
How Does Your Garden Grow?
The Poinsettia plant petals are actually not flowers but modified leaves called “bracts”. The bracts are designed to attract insects to the tiny yellow flowers in the center of the leaves.

Because poinsettias have been forced to bloom for holiday giving, they need extra care to keep them in bloom throughout and into the new year. It is possible to get them to rebloom.

**Botanical Name:** Euphorbia pulcherrima  
**Common Name:** Poinsettia  
**Plant Type:** Perennial Shrub  
**Mature Size:** 2’  
**Sun Exposure:** Full Sun  
**Soil Type:** Loamy pH 5.5 to 6.5  
**Bloom Time:** Winter  
**Native Zone:** Tropical Forests of Mexico

Plenty of sun, warmth, and water will keep the plant’s color and bring the plant into bloom again next year. (Set in a south window or west facing window if possible) And, water the poinsettia feels dry to the touch. Water until the container drains out the bottom but do not let the plant sit in water.

Do not fertilize poinsettias during the blooming period and only begin feeding the plant in the spring with a half strength feeding solution.

Here is a calendar for care if you plan to keep your holiday plant:

**January to March:** Keep watering whenever the surface is dry

**April:**  
Decrease water being careful to not let the stems begin to shrivel and move to a cool place (about 60 degrees)

**May:**  
Cut stems back and repot, water well and place the new pot in a bright window. Continue to water when needed and fertilize

**June, July, August and September:**  
Move the plant outside

**October:**  
Bring the plant indoors and keep in a dark place which will force blooming; do continue watering

**November, December:**  
Bring the plant to a window and enjoy your poinsettia during another holiday season.
Board Meetings and Events
Rachel Davies, Chair
ckna.chair@gmail.com

Darian Davies, Treasurer
daviesfamily@comcast.net

Grace Emanuel, Secretary
ckna.chair@gmail.com

Elizabeth Durham-McPherson, Outreach and Communications
ckna.outreach@gmail.com

Members At Large:
Charles Brody - SE Uplift Representative
Carol Gossett - Land Use and Transportation
Mark Ceisel - At Large

Active Committees

Land Use and Transportation Committee:
Joe Hovey, Chair
ckna.landchair@gmail.com

Community Preparedness and Resilience:
John Legler
john.legler@gmail.com

Land Use and Transportation Committee Sub-Committees:

1. Inner Powell Alliance (IPA) - planning and implementation visioning along SE Powell Boulevard for thoughtful, market driven development along the corridor

Meeting Dates and Events:

Date: January 27, 2020
Time: 7 PM
Place: Community Music Center
3350 SE Francis Street
(97202)

Mayor Wheeler will attend to talk about the city and to answer your questions.

** Agenda includes neighborhood business and an update of IPA activities

*** Inner Powell Alliance (IPA) Meetings:
Thursday, January 23, 2020
Time: 6:30 PM
Place: To Be Announced

Creston-Kenilworth Map: East Portland

January 15 to 19, 2020
Portland Old Time Music Gathering at the Community Music Center in Creston-Kenilworth
CKNA Newsletter January 2020, Continued:

January Recipe:

You can make this stew with or without meat:

Beef Stew
Main Dish Cooks in 2 Hours and Serves 4 People

**Ingredients:**
- 2 tbsp olive or grapeseed oil
- 1.25 pounds beef stew meat
- 1 medium onion diced
- 3 cloves garlic minced
- 4 ounces green chiles diced
- 2 tbsp ketchup or tomato paste
- 2 cups chicken broth
- 2 medium carrots diced
- 3 stalks celery diced
- 1 cup peas
- salt and pepper

**Instructions:**
1. Salt and pepper meat. Heat oil in heavy pot over medium-high heat. Brown the meat in one layer (may take two batches), about two minutes on each side. Remove with a slotted spoon.
2. Add onion, garlic, and chilies to pot; stir to pick up browned bits. Cook for two minutes, then add ketchup (or tomato paste). Stir and cook for two more minutes.
3. Pour in stock and add beef back to the pan. Cover pot and reduce heat to low. Simmer, covered, for one hour.
4. After one hour, taste sauce. Add additional salt, pepper or other favorite spices as needed. Then add carrots, celery, and peas. Stir to combine, cover and let sit for 30 more minutes.

Roasted Sweet Potatoes and Onions:

290 Calories per Serving
9 Grams of Fat
44.7 Grams Carbohydrates
3.8 Grams Protein
0 Megagrams Cholesterol
15 Megagrams Sodium
6 Servings

**Ingredients:**
- 2 large sweet potatoes, peeled and cut in 1-inch chunks
- 2 medium Vidalia or other sweet onions, cut into 1-inch squares
- 3 tablespoons olive oil
- ¼ cup amaretto liqueur
- 1 teaspoon dried thyme
- Salt and freshly ground pepper, to taste
- ¼ cut sliced almonds, toasted

**Instructions:**
1. Heat oven to 425 degrees F.
2. Toss first 6 ingredients in a shallow medium-sized baking dish.
3. Cover: bake 30 minutes. Uncover; bake 20 minutes more. Sprinkle with Almonds.