The state of Oregon has a long history of human occupation beginning approximately 15,000 BCE. Evidence of human residency has been found east of the Cascade range dating to this time in history; however, the Missoula Floods (as discussed in the August CKNA Newsletter) swept evidence of such sites away with little artifacts remaining to establish an accurate date when native people arrived along the western side of Oregon.

European history in the state of Oregon began in 1775 with Captain Robert Gray’s exploration of the coastline, discovery and naming of the Columbia River (as discussed in the July CKNA Newsletter) as he sought trade routes to China.

Later, the Corps of Discovery (1804 - 1806) encountered the Kalapuyans, Yakamas, Wanapams, Walulas, Umatillas, Wishrams, Teninos, Watlalas, Multnomahs, Kathlamets, and Wahkiakum tribes along the Columbia River as documented by Lewis and Clark.

By 1845, settlers were located at the lower reaches of the Santiam and Mary’s River and had settled the southern end of the Willamette Valley by 1848 and within a year were settling into the Umpqua Valley. Others crossed the Neahkahnie Mountains to set up colonies on the Tillamook Bay.

Survey maps from the 1850s reveal settlement patterns and note tribal villages, often located at the confluences of streams and rivers.

Clark’s Drawing of a White Salmon (Columbia, River)

City of Portland (1879)

In 1850 the Bureau of the Census recorded 11,873 Oregonians:

Females: 4,671
Males: 7,202

City Populations: 70% Male

Demographer William M. Bowen concluded, after the 1850 Census, that there were two societies at this time: “a rural frontier dominated by extended families or clans and an urban frontier drawing its
members from the ranks of unmarried men from the Northeast (USA) and Europe.

Bowen also documented that, “The neighborhood is one of the most basic associations of rural frontier life and was a union of persons with similar backgrounds in small, fairly homogeneous communities, each slightly different from the rest.”

He concluded, “closely knit neighborhoods are quick to meet individual needs and encourage people to join the community”. This idea of neighborhoods improving their area and joining with other neighborhoods to enhance the city remains an important, ongoing, Portland lifestyle element.

The **Creston-Kenilworth Neighborhood Associations** wishes you and your family a Happy Thanksgiving!

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NEW DEVELOPMENT

**Laurelwood Center**

Although not within the boundaries of the Creston-Kenilworth Neighborhood, a new low-barrier shelter containing 120 adult living spaces has opened at **6130 SE Foster Road, 97206**. The program will serve 120 women and couples experiencing homelessness, with priority for people 55 and older, those with disabilities, and veterans.

The facility is open 24 hours a day and operates on a reservation basis with no walk-in services provided. Sleeping areas provide bunk beds and space for personal belongings, laundry, showers, bathrooms, and basic hygiene supplies. On site meals are also provided with space for coffee and tea, books, computers, and board games.

Other program services include case managers to help guests with various assistance programs, employment and benefit assistance and health focused services.

**Laurelwood Center: (503) 280-4776**

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**People Counted as HUD Homeless, Point-In-Time Counts 2013 - 2019 Living Situations, Multnomah County**

<table>
<thead>
<tr>
<th>Year</th>
<th>Unsheltered</th>
<th>Emergency Shelters</th>
<th>Traditional Housing</th>
<th>Totals</th>
</tr>
</thead>
<tbody>
<tr>
<td>2013</td>
<td>1,895</td>
<td>974</td>
<td>1,572</td>
<td>4,441</td>
</tr>
<tr>
<td>2015</td>
<td>1,887</td>
<td>872</td>
<td>1,042</td>
<td>3,801</td>
</tr>
<tr>
<td>2017</td>
<td>1,668</td>
<td>1,752</td>
<td>757</td>
<td>4,177</td>
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<tr>
<td>2019</td>
<td>2,027</td>
<td>1,459</td>
<td>519</td>
<td>4,005</td>
</tr>
</tbody>
</table>

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**HOW DOES YOUR GARDEN GROW**

**Alstroemeria** *(Peruvian Lily)*

“*Inca Ice*”

**Alstroemeria**, commonly called the Peruvian Lily, Lily of the Incas or Parrot Lily is a South American genus of about 50 species of...
flowering plants, mainly from the cool, mountainous regions in the Andes.

Growing this flower from rhizomes or planted as seeds can be difficult to grow. Hardiness varies so new alstroemeria plans should be established in early summer and planted deeply to a depth of six to eight inches and 24 inches apart. Spring planting will yield beautiful, colorful flowers in November.

“Saturne”

This flower can be grown in pots. Fill the container with well-drained soil, making sure there are drainage holes in the pot to prevent bulbs from rotting. Water regularly and expect blooms (in pots or in the ground) to bloom from early summer to late fall.

When planted in the ground, Alstroemeria thrives in fertile, well-drained soil in full sun or partial shade. Flowering may slow or stop in hot weather; prolong blooming by applying a thick layer of mulch at planting time to keep roots cool.

“Purple and White”

These flowers are profuse bloomers with up to 80 flowering stems a year. Once planted they require minimum maintenance.

The Alstroemeria represents “Friendship”. This flower also symbolizes “good fortune and prosperity”.

Special Note: According to the ASPCA, the Peruvian Lily, in excess, can pose a problem to cats. Since Alstroemeria is from the “Tulipa” family, its bulbs contain tulipalin A.

Earthquake Preparedness

Who is Going to Save You? - Who can you rely on to help after a disaster? Who will provide you with food, water, shelter, and medical care? You might be surprised to know it is you and your neighbors.

A major earthquake will likely overwhelm local law enforcement, fire, and emergency medical personnel and resources. It may take local, state, and federal agencies a week or more to provide the most basic relief.

Getting prepared today by identifying and mitigating hazards, preparing supplies to last at least 14 days, and developing an emergency plan may make all the difference to you and your family during a disaster.

Note: According to the Oregon Emergency Management team, we may be safest staying in our home even if the power is off and some items have been damaged. Shelters may be overcrowded and initially lack many services. To remain safe remember to not use open flames or operate any device that could generate a spark, such as light switches, generators, and motor vehicles until you are sure there is no gas leak. And, never use a camp stove, gas lantern or heater, gas or charcoal grill, or gas generator indoors.
STATE OF OREGON

Election Division (ORS Chapters 246-260)

This state division ensures the uniform interpretation and application of Oregon’s election laws and enforces federal election laws. It monitors and supervises election administration of the country’s first vote-by-mail system in all 36 Oregon counties and provides the public, elected officials, candidates, the media and interest parties advice and assistance in all matters related to elections.

Though some of its duties were performed prior to statehood in 1859, the Elections Division was officially created in 1957 when the secretary of state was named the chief elections officer for the state.

Phone: (503) 986-7414
Email: elections.sos@oregon.gov

Oregon Department of Transportation (ODOT)

The following study concludes that Portland Drivers are some of the worst wet weather drivers in the nation.

Allstate Insurance Company released a study in November 2018 ranking 200 of the largest U.S. cities, with #1 being the best. Portlanders ranked 190th when driving in rain and snow. (Baltimore was 200th)

The best weather drivers are living in Brownsville, Texas and Seattle and Tacoma ranked 179th and 167th, respectively. The average Portland drivers has an accident every 5.9 years and Portlanders are more likely to slam on their brakes suddenly with the city logging in 22.4 hard braking events per 1,000 miles traveled, compared with national average of 19.

CITY OF PORTLAND

PBOT - Safe Routes to School Program

The Portland Bureau of Transportation (PBOT) has identified 88 Safe Routes to School projects funded through Fixing Our Streets, a voter approved 10-cent gas tax for fixing streets and making them safer. “Fixing Our Streets” was the first local funding source in the city’s history dedicated exclusively to the city’s transportation needs. PBOT has identified over 1,200 projects through a public engagement process and narrowed the project to 88 projects. A map of all 88 projects can be found here:

http://pdx.maps.arcgis.com/apps/Cascade/index.html?appid=f63985bf53974691bbe895a0e8e9e5c0

Projects in Southeast Portland include:

- SE Stark Street between 16th and 18th Streets (complete)
- SE 46th Avenue at Henry Street (ongoing)
- SE 92nd Avenue at the Springwater Corridor Trail (planned)

Portland Tree Lighting Ceremony at Pioneer Square

Friday, November 29, 2019
TriMet

Many updates and improvements are happening at TriMet, including the latest project upgrades at the Gresham MAX Line. The project stretched across more than 2 miles at the end of the MAX Blue Line, from Rockwood/E188th Avenue to the Cleveland Station.

Beginning March 2020 The Mall/SW 4th Avenue, Mall/SW 5th Avenue and Kings Hill/SW and Salmon MAX station will be closed. The malls are being closed permanently while the Kings Hill closure is a one year pilot program.

With these closures, the amount of time it takes MAX Blue and Red line trains to travel Downtown will be reduced by 11%, saving over 1-½ minutes per trip.

Also, TriMet will be checking in on the Skidmore Fountain Station in 2022 to see if weekday ridership increases and if proposed development area occurs. If not, TriMet may consider closing this station, as well.

These four stations are among the least used MAX stations downtown and have alternative stations 1-2 blocks away.

Sign up for HOP fastpass here:

https://myhopcard.com/home/

Portland International Airport - Did You Know?

Portland International Airport (PIA) is a joint civil-military airport and the largest airport in the state of Oregon. The facility accounts for 90% of passenger travel in the state and more than 95% of air cargo traffic.

PIA is also home to the 142nd Fighter Wing with a program to meet state and federal mission responsibilities.

In April 1941, the 123rd Observation Squadron was located here in response to military activities occurring on the west coast of the U.S. At this time, the Japanese submarine I-25 with a 97 man crew, commanded by Meiji Tagami had been assigned to sink enemy shipping and attach the enemy on land with its 14 cm deck gun.

On June 21, 1942, the I-25 entered U.S. coastal waters, following a fishing boat to avoid mine fields in the area. That evening the commander ordered his crew to surface the submarine at the mouth of the Columbia River. His target was Fort Stevens, a military facility since the Civil War.

The bombardment fell short of Fort Stevens and the fort commander refused to permit his men to return fire, which would have revealed their position. Artillery rounds coming from the submarine landed in a nearby baseball field and a swampy area, although one round landed next to a pillbox and severed several large telephone cables. U.S. Army Air Force planes on a training mission spotted the I-25 and called for a bomber attack. The submarine submerged and was not seen again.
(Continued: November 2019 Newsletter)

**Board Meetings and Events**
Rachel Davies, Chair  
ckna.chair@gmail.com

Darian Davies, Treasurer  
daviesfamily@comcast.net

Grace Emanuel, Secretary  
ckna.chair@gmail.com

Elizabeth Durham-McPherson, Outreach and Communications  
ckna.outreach@gmail.com

**Members At Large:**
Charles Brody - SE Uplift Representative  
Carol Gossett - Land Use and Transportation  
Mark Ceisel - At Large

**Active Committees**

**Land Use and Transportation Committee:**
Joe Hovey, Chair  
ckna.landchair@gmail.com

**Community Preparedness and Resilience:**
John Legler  
john.legler@gmail.com

**Land Use and Transportation Committee Sub-Committees:**

1. **Inner Powell Alliance (IPA)** - planning and implementation visioning along SE Powell Boulevard for thoughtful, market driven development along the corridor

2. **Diesel Trucks/Brooklyn Yard Initiative** to research, plan and take action for new legislation related to diesel fuels.

**Meeting Dates and Events:**

**Date:** November 25, 2019  
State Representative Rob Nosse (district 42) will take questions from community members  
Time: 7 PM  
Place: Creston School Cafeteria  
** Agenda includes neighborhood business and an update of IPA activities

***Inner Powell Alliance (IPA) Meetings:**
Thursday, January 23, 2020  
Time: 6:30 PM  
Place: To Be Announced

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**Creston-Kenilworth Map: East Portland**

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**Christmas Train**  
November 29 - Dec. 15, 2019  
6 miles SE  
Take a one hour ride along the Willamette River and meet Santa on the decorated **Holiday Express** train going round trip from 7805 SE Oaks Park Way.
Your neighborhood association strives to maintain awareness about those activities and proposed changes that may potentially impact our streets, homes, and lifestyles. A proposal from one of the commissioners, Chloe Eudaly (chloe@portlandoregon.gov) prompted CKNA’s response to the proposed changes to City Code language (Code 3.96). CKNA prepared a letter and public comment for City Commissioners on Wednesday, October 23, 2019, which was delivered by the CKNA Chair, Rachel Davies. The CKNA position follows:

The Portland City Council is currently undergoing a process to update the decades-old City Code language (Code 3.96) which defines its citizen participation process. The Neighborhood Association system (which is overseen by the Office of Community and Civic Life) is a large part of the current Code Language, with detailed structures that give Neighborhood Associations access to City Bureaus, information, and funding. The Neighborhood Association system is nationally recognized as a model for public engagement in city government. However, current Code does not provide this type of access to any other grass-roots or community-based groups. The Code Change project aims to create a new system which would include Neighborhood Associations and other community groups in the system. We whole-heartedly agree that City Code should provide equal access for all residents to be involved in shaping city affairs and have access to city bureaus, regardless of the avenue they choose. The strength of our city lies in its diversity of voices coming together and learning to work in harmony.

We have grave concerns that the proposed Code language will not fulfill its intended goals. Instead of defining how a community group can gain access to information and funding, and thereby add more voices to the public involvement system, it removes the current structures entirely and states that details will be added as Administrative Rules. This is problematic, however, because Administrative Rules can change without public notice or input, and are vulnerable if future leaders hold different priorities. We fear that the current lack of structural detail will result in a less equitable distribution of resources and disproportionately benefit those already skilled in navigating existing social and political power structures. Less affluent Neighborhoods and underrepresented groups could get left out entirely. In order for an equitable system to have staying power, details and structures must be included in City Code Chapter 3.96. We feel that this is the only way to ensure that Portland ends up with a civic engagement system that matches its values.

To fulfill the Office of Community and Civic Life’s mandate and make City Code match the City’s values, we ask for specific structural details to be included in 3.96 Code language:

- roles and responsibilities of the office
- engagement needs of the community
- methods for community groups to gain recognition
- clearly defined funding opportunities for community groups with achievable methodologies
- specific benefits that will be available to recognized and funded community groups, such as notifications and technical assistance
- clearly stated expectations of funded community groups, and
- avenues for the public to stay informed and have input on things like land use decisions

Providing these details in Code 3.96 will do two things: first, create a sort of “regulatory certainty,” where all community groups know exactly what is expected and what they can gain from engaging with the city; second, ensure that it outlives the current leadership of the overseeing Commissioner and Civic Life Director.

Please join us in asking the City to ensure that public involvement is done right for all Portlanders.

Get updates from the Office of Community and Civic Life: https://tinyurl.com/y3be552d

Write an email to City Commissioners:
Mayor Ted Wheeler: mayorwheeler@portlandoregon.gov
Nick Fish: nick@portlandoregon.gov
Amanda Fritz: amanda@portlandoregon.gov
Chloe Eudaly: chloe@portlandoregon.gov
Jo Ann Hardest: joann@portlandoregon.gov

Attend a meeting about the 3.96 Code Change Proposal. Next meeting scheduled for November 14th, 5:30 - 8pm, at Self Enhancement, Inc., 3920 N Kerby Ave.

Current Code: https://www.portlandoregon.gov/citycode/28460
Proposed Code: https://www.portlandoregon.gov/civic/article/740922

Read CKNA’s full letter and watch the City Council statement via CKNA’s blog page:
http://www.creston-kenilworth.org/blog
If you are interested in the future of Neighborhood Associations, please plan on attending a presentation by the Office of Community & Civic Life on the Code Change 3.96 Update.

Location: Self Enhancement, Inc. (SEI), 3920 N Kerby Ave, Portland, 97227

Time: 5:30 - 8:00pm (doors open at 5:00pm, meeting will end promptly at 8:00pm) Food, refreshments, and childcare will be provided.

Will Public Testimony Be Allowed?
Yes. There will be an opportunity to sign up for public testimony on November 14 beginning at 5:00pm.

On Monday, November 18, 2019, Ricio’s, located at 28th and Gladstone, is hosting a dine-out for Grout Elementary School, so a portion of all meals that evening will go to support the school.

Plan to enjoy a tasty night out and support Grout Elementary!

2850 SE Gladstone St (2.66 mi)
Portland, Oregon 97202

(971) 266-8860

www.rociospdx.com

Hours 11:00 AM - 10:00 PM

Saint Pizza Lounge & Gladstone Street Pizza

Open Every Night 5 P.M. -12 A.M. Happy Hour Slices
Available After 10 P.M. Every Night.

3813 SE Gladstone Street, Portland, OR
503-775-1537
A PBOT Notice: ADOPT YOUR STORM DRAINS

With the return of wet weather, now is a great time to adopt your neighborhood storm drain to help clear water and keep our streets safe. Clogged drains can lead to ponding water in our streets and at intersections making it harder to drive, walk, bike and roll around town.

PBOT works hard to keep drains clear, but with over 58,000 drains in the city, the bureau cannot get to all of them.

Here are some tips to follow when cleaning a storm drain:

- If possible, clear the drain before the rain
- Clear about 10 feet on both sides of the drain
- When working, clear from the sidewalk side and wear reflective clothing so people driving and biking can see you
- Always wear gloves and be careful of sharp objects
- Use a rake, shovel, or broom - not your hands
- Watch out for traffic, only clear drains that are along the curb, don’t clear drains in the middle of a street
- Be careful of standing water to avoid slipping or stepping on sharp objects
- If children are helping, make sure adults are supervising
- Don’t lift storm drain grates,
- Clear surface debris only, PBOT crews handle garbage or any hazards in the catch basin
- Don’t put leaves in the street. Place leaves in your yard debris roll cart for pick up

If the drain is still clogged after you’ve removed the surface debris, please report it online at www.pdxreporter.org, call our 24/7 maintenance dispatch at 503-823-1700, or email pdxroads@portlandoregon.gov to report it.

2019 Christmas Ship Parade: December 5th begins the exciting holiday parade season

Get details here:

http://www.christmasships.org/schedule/willamette-river

Festival of Lights: November 29 to December 30

Where: NE 85th and Sandy Boulevard (97220)
Roasted Cranberry Brown Sugar Pork Chops

A delicious, buttery mix of sweet and savory, these pork chops are melt in your mouth tasty.

Prep Time: 10 Minutes
Cook Time: 20 Minutes

- 4 tablespoons brown sugar
- 1 teaspoon cayenne pepper
- 1/2 teaspoon cinnamon
- kosher salt and pepper
- 4 bone-in pork chops
- 2 tablespoons extra-virgin olive oil
- 3/4 cup red wine
- 1/2 cup pomegranate or cranberry juice
- 2 tablespoons butter
- 1 cup fresh cranberries
- 2 sprigs fresh thyme
- 1 sprig fresh rosemary

Serving Size: 4 People

1. Preheat the oven to 450 degrees.

2. In a small bowl, stir together 3 tablespoons brown sugar, cayenne, cinnamon, and a large pinch of both salt and pepper. Place the pork chops on a cutting board and rub them all over with the brown sugar mixture.

3. Heat the olive oil in a large skillet over high heat. When the oil shimmers, add the pork chops and sear for 2 to 4 minutes per side or until golden brown. Remove the pork chops from skillet and set aside.

4. To the skillet, slowly pour in wine and pomegranate juice. Add the remaining 1 tablespoon brown sugar, butter, cranberries, thyme, and rosemary. Season with salt. Bring the sauce to a boil over high heat. Reduce the heat to medium and slide the pork chops into the sauce, cook for a minute longer and remove from heat.

5. Transfer the skillet to the oven and roast for 10-15 minutes or until chops are lightly charred and the sauce thickened. Serve the chops with the pan sauce spooned over top.

November Seasonal Fruits and Vegetables

**Autumn Fruit:**
- Apples
- Pears
- Grapes
- Cranberries
- Figs
- Kiwi
- Pomegranates
- Mandarins

**Autumn Vegetables:**
- Brussel Sprouts
- Broccoli
- Carrots
- Cauliflower
- Celery/Celeriac
- Parsnips
- Peppers
- Sweet Potatoes
- Winter Squash
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